



**Indian Pharmaceutical Association**  
( Kerala State Branch)

# PERSONA'25

**31<sup>st</sup> Jan -2<sup>nd</sup> Feb 2025**

**A PERSONALITY DEVELOPMENT PROGRAM  
(FOR STUDENTS OF PHARMACY COLLEGES)**



HOSTED BY

**AHALIA**



**SCHOOL OF PHARMACY**

Ahalia Campus, Palakkad Ph: 04923-226777 Web: [www.ahaliaschoolofpharmacy.org](http://www.ahaliaschoolofpharmacy.org)

An individual's character is an amalgamation of his/her qualities which make them unique and help to stand apart from the rest. This camp is designed to impart multifold benefits of becoming more visible in the workplace, enhancing public presence, and develop self-esteem and confidence.

## Organized by:

### **The Indian Pharmaceutical Association (IPA) Kerala State Branch**

The Indian Pharmaceutical Association (IPA) is the national professional body of pharmacists engaged in various facets of the profession of pharmacy. The IPA is committed to promote the highest professional and ethical standards of pharmacy, focus the image of pharmacists as competent healthcare professionals, sensitize the community, government and others on vital professional issues and support pharmaceutical education and sciences in all aspects.

IPA has been in official relations with the FIP and WHO. IPA is member of Drug Technical Advisory Board (DTAB), Ministry of Health and Family Welfare, Government of India.

IPA is affiliated with international pharma associations like FIP, FAPA, CPA, AAPS, AAiPS and is working with international bodies such as WHO and WHPA for carrying out various collaborative professional activities that include organizing training programs for professionals from industry, academics, regulatory and practice. IPA continues to expand its presence, within pharmacy and pharmaceutical sciences and influence through partnerships with some of the world's leading health, policymaking, education and science institutions. Through the partnerships and extensive networking with professionals and students of pharmacy and pharmaceutical sciences, IPA Kerala State branch is committed to support the development of the pharmacy profession.

### **About the PERSONA (Personality Development Program)**

This program will help the students with Self-understanding, Self-confidence, Leadership qualities, Motivational skills, Social skills and to deal with their career confusions. This will also be a unique platform for the youth to explore a creative and fun-filled approach to learning about self. The participants will be engaged in interactions both in conventional and nonconventional media like group activities, discussion, experience sharing, showcasing musical and cultural talents towards a renewed understanding of self.

### **Objectives of the camp:**

- 👉 Develop awareness of personal emotions
- 👉 Enhance emotional intelligence for better interactions
- 👉 Understand and respond to social dynamics effectively
- 👉 Foster empathy to connect with others
- 👉 Strengthen leadership skills to inspire and guide



## Highlights of the Summer Camp:

- 👉 Learn from eminent faculty with expertise in their fields
- 👉 Experience an excellent venue conducive to learning and collaboration
- 👉 Engage in group activities and game to foster camaraderie
- 👉 Enjoy cultural programs that celebrate diversity and creativity
- 👉 Participate in team-building activities to strengthen collaboration
- 👉 Explore networking opportunities to build valuable connections



### Topics:

Purpose of Life, Love and Family Responsible Youth



Stress & Conflict Management



Effective Personality and Positive Image Building



Goal Setting, and Career Planning.



Inter-personal Relationships and team building



Leadership

### Outcomes:

After the camp, the participants will be able to

- Demonstrate Behavioral Skills and Etiquettes
- Prioritize time management
- Follow Right Attitudes, Values, Beliefs & Ethics
- Enhance self-image, self-esteem and self- confidence
- Maximize team building and management skills
- Manage stress and draw up action plan



# RESOURCE PERSONS

## (Speakers & Trainers)

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**Mr. George MP**

Former State Drug Controller,  
Govt. of Kerala



**Dr. Rajeswari R**

Educationalist, HR Manager – IIT  
Palakkad Technology IHUB Foundations



**Mr. John Joseph**

Corporate Trainer &  
Consultant



**Ms. Rajeshwari K V**

Corporate Trainer



**Mr. Prasad M**

Psycho-linguistic Trainer



**Ms. Haritha Nair**

Corporate Trainer

## Registration:

Maximum participants : 400  
Registration : First Come First serve basis.

### Registration Fee:

For IPA SF members: : Rs.1550/  
Non IPA SF members: : Rs.1750/

### The Bank Account details for payment:

Account name: Indian Pharmaceutical Association Kerala.  
Account No: 00000040547469201  
Bank: State Bank of India, Medical College Branch.  
Thiruvananthapuram,  
IFSC code: SBIN0070029

### Last date of Registration: 25/01/2025

For registration, please submit the Google form with personal details and upload the receipt of registration fee paid (With the bank / Google Pay transaction number and date of remittance)

**FOR REGISTRATION, CLICK HERE**

[https://docs.google.com/forms/d/1gbyDA2tfsfCcbuSY6MD7QzE52Nae2gL4\\_Jao4zxSEKs/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1gbyDA2tfsfCcbuSY6MD7QzE52Nae2gL4_Jao4zxSEKs/viewform?edit_requested=true)

### Contact Persons:

**Ms. Athulya (Mobile: 89218 68397)**

**Ms. Anupriya Thomas ( Mobile: 90610 91793)**



**Dr. P. Jayasekhar**  
(President)

**Mr. M.P George**  
(Program Director)

**Dr. John Joseph**  
(Hon. Secretary)

**Dr. Sapna Shrikumar**  
(Principal)



## Local Organizing Committee:

<b>Chief Patron</b>	: Dr. V S Gopal, Chairman, Ahalia International Foundation.
<b>Patron</b>	: Dr. Krishna Kumar Kishor, Executive Director, Ahalia Group of Institutions.
<b>Chairperson</b>	: Dr. Sapna Shrikumar, Principal, Ahalia School of Pharmacy.
<b>Vice Chairperson</b>	: Dr. B. Samuel Thavamani, Professor, Ahalia School of Pharmacy.
<b>Organizing Secretary</b>	: Dr. Deepu S, Professor, Ahalia School of Pharmacy.
<b>Coordinators</b>	: Dr. Renjith Alex , Professor, Ahalia School of Pharmacy. : Dr. Sini Tlnasu, Associate Professor, Ahalia School of Pharmacy. : Mr. Oliver Arnold, Associate Professor, Ahalia School of Pharmacy. : Mrs. Kanaka V S, Associate Professor, Ahalia School of Pharmacy. : Mr. Sajin K Abbas, Associate Professor, Ahalia School of Pharmacy.

## Program Managers:

1. Dr. K.Krishnakumar, Principal, St. James College of Pharmaceutical Sciences, Chalakudy, Thrissur
2. Dr. Sabitha M, Principal, Amrita School of Pharmacy, Kochi
3. Dr. Preeja G Pillai, Principal, Mar Dioscorus College of Pharmacy, Thiruvananthapuram
4. Dr. Jinu Isaac, Principal, Lisie College of Pharmacy, Ernakulam
5. Dr. Badmanaban, Nirmala College of Pharmacy, Muvattupuzha.
6. Dr. M.C Sabu, Principal, Mookambika College of Pharmaceutical Sciences & Research, Muvattupuzha.
7. Dr. Sutharson L, Principal, Nirmala College of Health Sciences, Chalakudy, Thrissur.
8. Dr. C Vijaya Raghavan, Principal, Chemists College of Pharmaceutical Sciences & Research, Ernakulam.
9. Dr. Sujith Varma, Principal, National College of Pharmacy, Kozhikode.
10. Dr. Anjana John, Principal, JDT Islam College of Pharmacy, Kozhikode.
11. Dr. K. Radha, HOD, CPS, Govt. Medical College, Kottayam.
12. Dr. Prashob G.R, Principal, Sree Krishna College of Pharmacy and Research Center, Parassala, Thiruvananthapuram.
13. Dr. KSG. Arulkumaran, Principal, KTN College of Pharmacy, Palakkad.
14. Dr. Arun Rasheed, Vice Principal, Al Shifa College of Pharmacy, Perinthalmanna.
15. Dr. Kiron S. S, Professor, CPS, Govt. Medical College, Kannur.

16. Dr. Aravind A, Associate Professor, CPS, Govt. Medical College, Thiruvananthapuram.
17. Dr. Bobby Johns G, Professor, St.Joseph College of Pharmacy, Cherthala
18. Dr. Biju C R, Professor & Vice Principal, Devaki Amma College of Pharmacy, Kozhikode.
19. Dr. Sajan Jose, Academic Director, Caritas college of Pharmacy Kottayam.
20. Dr. Mohammed Haneefa, Principal, Moulana College of Pharmacy, Perinthalmanna
21. Dr. Robin Jose, Principal, College of Pharmacy, Anjarakandy, Kannur.
22. Dr. Sujith S Nair, Vice Principal Crescent College of Pharmacy, Kannur.
23. Dr. Sibi P I, Professor, DPS, Puthupally, Kottayam.
24. Dr. Chacko A.J, Principal, Hindustan College of Pharmacy, Kanjirapally, Kottayam.
25. Dr. Ajith Kumar P, Director, Holy Grace College of Pharmacy, Mala
26. Dr. Vinod K R, Principal, Sanjo College of Pharmacy, Palakkad.
27. Dr. Arun Kumar K V, Vice Principal, Rajiv Gandhi College of Pharmacy, Kasaragod.
28. Dr. Azeem A K, Principal, MGM College of Pharmacy, Ernakulam.
29. Dr. Leena Narayan, Principal, MGM Silver Jubilee College of Pharmacy, Thiruvananthapuram

## IPA Coordinators

1. Dr. Shamna MS, Assistant Professor, CPS Government Medical College Kottayam
2. Prof. Manju CS, CPS, Govt Medical College Kozhikode
3. Dr. Fels Saju, Associate Professor, Nirmala College of Pharmacy, Muvattupuzha
4. Mr. Prasanth Kumar M, Associate Professor, Moulana College of Pharmacy, Perinthalmanna
5. Dr. Sreeja C Nair, Associate Professor, Amrita School of Pharmacy, Kochi
6. Dr. Meena Chandran, Associate Professor, St.James College of Pharmaceutical Sciences  
Chalakkudy
7. Mrs. Jooly Kurien, Associate Professor, Lisie College of Pharmacy, Kochi
8. Mrs. Remya Gayathri, Assistant Professor, Chemists' College of Pharmaceutical Science &  
Research, Ernakulam

## IPASF Coordinators

1. Ms. Rajalakshmi. S, Amrita School of Pharmacy, Kochi.
2. Ms. Jumana. K.M, Ahalia School of Pharmacy, Palakkad.
3. Ms. Syra. A.S, Mar Dioscorus College of Pharmacy, Thiruvananthapuram.
4. Ms. Ayisha Jubin, National College of Pharmacy, Kozhikode.
5. Ms. Sneha Susan Samuel, Nirmala College of Health Sciences, Muvattupuzha
6. Ms. Gopika P.P, Nirmala College of Health Sciences, Chalakudy
7. Mr. Gowtham Krishna, Hindustan College of Pharmacy, Kanjirapally, Kottayam
8. Mr. Ghanshyam. A.S, Govt. CPS, Kottayam
9. Ms. Malavika Hariharan, St. James College of Pharmacy, Chalakudy, Thrissur.
10. Mr. Jenwin Jhon, Caritas College of Pharmacy, Kottayam.
11. Mr. Anandakrishnan V.S, MGM Silver Jubilee College of Pharmacy, Kilimanoor, Trivandrum.
12. Mr. Collins Suresh, Lisie College of Pharmacy, Ernakulam.
13. Mr. Anas S A, Nehru College of Pharmacy, Pampady, Thrissur.
14. Ms. Vishnu Priya S, Mookambika College of Pharmaceutical Sciences, Muvattupuzha.
15. Mr. Athul P.K, JDT Islam College of Pharmacy, Kozhikode
16. Mr. Mohammed Renhan, Moulana College of Pharmacy, Perinthalmanna



## How to Reach Campus:



Scan Here 



- Palakkad KSRTC (25 km)
- Palakkad Olavakode Railway station (25 km)
- Coimbatore Gandhi Puram Bus Stand (35 Km)
- Pollachi (34 Km)

Greenline transport: Daily to and from service between Trivandrum and Ahalia Campus.

**For More details contact transportation Committee:**

**Mr. Sajin K Abbas (9037593341) & Ms. E. Athulya Chandran (7012023394)**



## PLACES TO VISIT IN CAMPUS



Ahalia Heritage Museum



Ahalia Windmill



Ahalia Sculpture Park



Punarjani Auditorium



Ahalia Parents Block



Ahalia Lake house

**Venue: Punarjani auditorium, Ahalia campus.**



## About AHALIA

After establishing itself in U.A.E., Ahalia Group spread its wings to India with the establishment of Ahalia Health, Heritage and Knowledge Village in Palakkad, Kerala in 2005. The focus on health, heritage and knowledge is visionary and critical as they are inherited from the past, maintained in the present and bestowed for the benefit of future generations. Kerala's largest Edu-health campus located in the foothills of the Western Ghats to "Conquer the World of Professional Education through Quality".

Ahalia Health Heritage & Knowledge Village is an Integrated Campus consisting of Ahalia Foundation Eye Hospital, AhaliaAyurvedic Medical College and Hospital, Ahalia Diabetes Hospital, Ahalia Women and Children's Hospital, Ahalia Heritage Village, Ahalia Children's Village, Ahalia Public School, Ahalia School of Optometry & Research Centre , Ahalia School of Engineering & Technology, Ahalia School of Paramedical Sciences, Ahalia School of Management, Ahalia School of Pharmacy, Ahalia College of Nursing, Ahalia Commerce & Mathematics, Ahalia Multi Skill Training Institute, Ahalia School of Media Studies and Future Technologies and also has 24 regional center's for eye care across Kerala.

Ahalia School of Pharmacy provides high competence pharmacy education to its students by utilizing rich resources provided by the college. The B. Pharm curriculum is designed to produce a scientifically and technically competent pharmacist who can apply this education in such a manner so as to provide maximum health care services to patients. Students are provided with the opportunity to gain greater experience in patient's close and cooperative relationships with health practitioners.



# AHALIA GROUP OF INSTITUTIONS



Ahalia School of Engineering and Technology



Ahalia School of Media Studies and Future Technologies



Ahalia School of Commerce and Mathematics



Ahalia School of Optometry and Research Centre



Ahalia School of Pharmacy



Ahalia Ayurveda Medical College Hospital



Ahalia Multi Skill Training Institute



Ahalia Public School



Ahalia School of Management Studies



Ahalia College of Nursing